

# Lyme Disease: The Epidemic of Our Time

PRESENTED BY

**Katina I. Makris**  
CCH, CIH

*Katina Makris offers a unique vantage point of insight into Lyme disease as both patient and practitioner. Having survived a ten-year recovery from misdiagnosed Lyme, along with years of professional experience with this quixotic illness, Katina's presentation is practical as well as steeped in intimacies of the nature of Lyme disease and its co-infections.*



*W*ith eloquence and intelligence, Katina shares practical healing information and inspiration on chronic Lyme disease recovery. Her calling is to promote Lyme disease awareness, yet her passion is to ignite the body-mind-spirit healing pathway available in all of us. The Lyme afflicted, their caregivers and healthy people all can benefit from her powerful message of hope.

**Friday, August 17**

**7:00 pm**

**Shelter Island Library**

**Shelter Island, Long Island, NY**



**Saturday, August 18**

**5:00 pm**

**Canio's Bookstore**

**Sag Harbor, Long Island, NY**

*Katina I. Makris, CCH, CIH has worked in natural health care for 27 years, as a Classical Homeopath and Intuitive Healer. She is a former popular newspaper health columnist and a board member of The Council for Homeopathic Certification. Katina is a dynamic, well loved Natural Health care educator and motivational speaker. Currently, she is on a nationwide book tour with her timely memoir and Lyme guide, "OUT OF THE WOODS, HEALING LYME DISEASE, BODY, MIND & SPIRIT", an award finalist for Best Book 2011 in Health with USA Book News. Katina is a graduate of Duke University and The Stillpoint School of Integrative Life Healing.*



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**WWW.KATINAMAKRIS.COM**

**Contact CHRISTINE PRESSMAN at  
CHRISDOPRESS@GMAIL.COM**